



Educate and Empower Young Workers in Idaho

Start today to integrate health and safety training into your general education and vocational programs. As an educator, you have the power to protect young Idahoans (ages <24 years old) as they embark on their first jobs.

Are young workers employed in Idaho?

- Yes! A steady rise of young workers 16–24 years are entering the workforce.
- In 2023, 63% of 16–24 year olds worked.¹

Are young workers dying on the job?

- Between 2011–2018, 24 workers under the age of 25 were killed on the job in Idaho.¹
- The majority of fatalities are related to transportation incidents.

What are the most common causes of young worker injuries in the U.S.?

- Contact with objects.
- Falls and slips.
- Pushing body to do things beyond its healthy limits.

What about labor laws for workers younger than 18 years old?

- Since 2018, a significant rise in child labor violations was found by US DOL Wage & Hour Investigations.¹

How can we prevent young worker fatality and injury?

Ensure young workers understand their right to be safe at work.

Employers

- Follow health, safety, and State and Federal labor laws.
- Review workplace plans to prevent injury and illness.
- Supervise young and inexperienced workers closely.
- Deliver job-specific training.
- Ensure workers understand how to use appropriate safety equipment.
- Empower young workers to voice their concerns.

Parents

- Learn about State and Federal labor laws.
- Talk to your children about workplace safety and their right to a safe workplace.

Educators

- Incorporate health and safety curriculum into school courses.
- Provide all students with resources on health, safety, and workers' rights.
- Provide resources and training on hazard identification to students.

Together we can protect young workers in Idaho!



Scan this QR code for resources

¹ US Bureau of Labor Statistics, 2024
<https://www.bls.gov/iif/state-data/archive.htm#ID>

Photos: iStockphoto.com, l to r: Credit: sphraner, DGLimages, JackF





Educate and Empower Young Workers in Idaho

Lessons Learned for Implementing Safety Training at the Career Technical Education Center (CTEC) in Idaho Falls School District 91

Elements of Success

- ★ Provide enthusiastic support at all layers of administration and staff, including a commitment of resources and an understanding of goals, purpose, and needs.
 - Clarify specific resource and administrative needs related to classroom space and schedules (for both required and elective portions).
 - Maintain accurate, detailed records (sign-in rosters, schedules, presentations, handouts, completion cards).
- ★ Gain commitment of certified and knowledgeable instructors willing to volunteer time. Instructors may come from supportive agencies and organizations.
 - Explain the difference in training high school students versus typical adult training and the importance of adapting curriculum for young worker audiences.
 - Offer bite-sized instructional and practice sessions for instructors, especially for those new to the young worker age group.
- ★ Address any instructional content or computer issues ahead of time.
 - Develop content that is geared toward high school or young worker audiences, using case studies that are relevant to their workplace experiences.
 - Use hands-on experiences as much as possible to keep student interest.
 - Check if the school has computer firewalls that prevent access to the internet, including videos.

US DOL OSHA-Boise Area provides support with an OSHA Alliance

About this Project

With support from an OSHA Alliance, the Career Technical and Education Center (CTEC) in Idaho Falls School District 91 offered the OSHA 10-Hour safety training to its students. This CTEC program educated approximately 300 students to recognize workplace hazards and develop safe work practices.

The two-day course was designed as a field trip at CTEC and was taught by OSHA-authorized instructors. Upon completion of the course, students received a 10-Hour OSHA card in general industry.

Contact Pacific Northwest OSHA Education Center

Phone: 1-800-326-7568

E-mail: ce@uw.edu

Web: oshce.uw.edu

“As a volunteer OSHA-authorized instructor, a community member, and business owner who has provided the OSHA 10-Hour training to many students at the Career Technical Education Center (CTEC) in Idaho Falls School District 91, I have seen firsthand the participation and interest these students demonstrate. Their enthusiasm for the careers they are looking forward to joining is inspiring. These careers, such as CNA, welding, fire, EMT, law enforcement and agriculture, benefit society as a whole. The OSHA 10-Hour Construction and General Industry course provides students with the basic knowledge and a set of skills needed for performing work safely and an understanding of their rights under the Occupational Safety and Health Act. None of this would be possible without the support and dedication of the CTEC staff and administration who recognize the importance of this training. I am delighted to play a small role in the success of these students.”

—Debbie Borek, Eastern Idaho Safety Consultants, Vice President, Operations & Marketing