



Educate and Empower Young Workers in Oregon



Start today to integrate health and safety training into your general education and vocational programs. As an educator, you have the power to protect young Oregonians (ages <24 years old) as they embark on their first jobs.

Did You Know?

Most Common Cause of Injuries ¹

- Struck by object or equipment
- Falls, slips
- Overexertion—pushing body to do things beyond healthy limits

Job Sectors with Most Injuries (2012–2022) ¹

- Food preparation and serving
- Transportation and material moving
- Farming, fishing and forestry

Most Common Serious or Lost-Time Injuries (<18-year-olds only in 2022) ¹

- Sprains, strains and tears
- Heat burns, scalds
- Cuts, lacerations
- Bruises, contusions and fractures

How can we prevent young worker fatality and injury?

Ensure young workers understand their right to be safe at work.

Employers

- Follow health, safety, and State and Federal labor laws.
- Review workplace plans to prevent injury and illness.
- Supervise young and inexperienced workers closely.
- Deliver job-specific training.
- Ensure workers understand how to use appropriate safety equipment.
- Empower young workers to voice their concerns.

Parents

- Learn about State and Federal labor laws.
- Talk to your children about workplace safety and their right to a safe workplace.

Educators

- Incorporate school-based work curriculum in course work.
- Provide all students with resources on health, safety, and workers rights.
- Provide resources and training to students on hazard identification.

Together we can protect young workers in Oregon!

¹ US Bureau of Labor Statistics, 2024 – <https://www.bls.gov/iif/state-data/archive.htm#ID>



Contact Us

Phone: 1-800-326-7568
 E-mail: ce@uw.edu
 Web: oshce.uw.edu



Scan this QR code for resources

Photos: iStockphoto.com, l to r: Credit: aveebird, DGLimages, Miguel Serrano Ruiz

