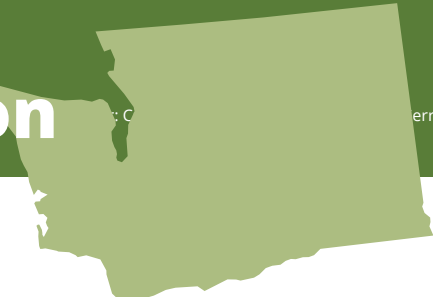




Educate and Empower Young Workers in Washington



Start today to integrate health and safety training into your general education and vocational programs. As an educator, you have the power to protect young Washingtonians (ages <24 years old) as they embark on their first jobs.

Most Common Cause of Injuries ¹

- Contact with objects
- Overexertion—pushing body to do things beyond healthy limits
- Falls, slips and trips

Job Sectors with Most Injuries ^{1,2}

- Food services Industry
- Retail
- Construction
- Healthcare and social assistance
- Agriculture, forestry, fishing
- Trade, transportation and utilities
- Manufacturing

Most Common Serious or Lost-Time Injuries (<18-year-olds only from 2021–2022 in WA) ³

- Sprains, strains and tears
- Heat burns, scalds
- Cuts, lacerations
- Bruises, contusions and fractures

How can we prevent young worker fatality and injury?

Ensure young workers understand their right to be safe at work.

Employers

- Follow health, safety, and State and Federal labor laws.
- Review workplace plans to prevent injury and illness.
- Supervise young and inexperienced workers closely.
- Deliver job-specific training.
- Ensure workers understand how to use appropriate safety equipment.
- Empower young workers to voice their concerns.

Parents

- Learn about State and Federal labor laws.
- Talk to your children about workplace safety and their right to a safe workplace.

Educators

- Incorporate school-based work curriculum in course work.
- Provide all students with resources on health, safety, and workers rights.
- Provide resources and training to students on hazard identification.

Together we can protect young workers in Washington!

¹ US Bureau of Labor Statistics, 2024 – <https://www.bls.gov/iif/state-data/archive.htm#ID>

² Washington State Department of Labor and Industries- SHARP; all accepted state fund and self-insured employer workers' compensation claims from 2021–2023

³ Washington State Department of Labor and Industries- SHARP; accepted, compensable state fund employer workers' compensation claims from 2021–2022 by OIICS "nature" codes



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