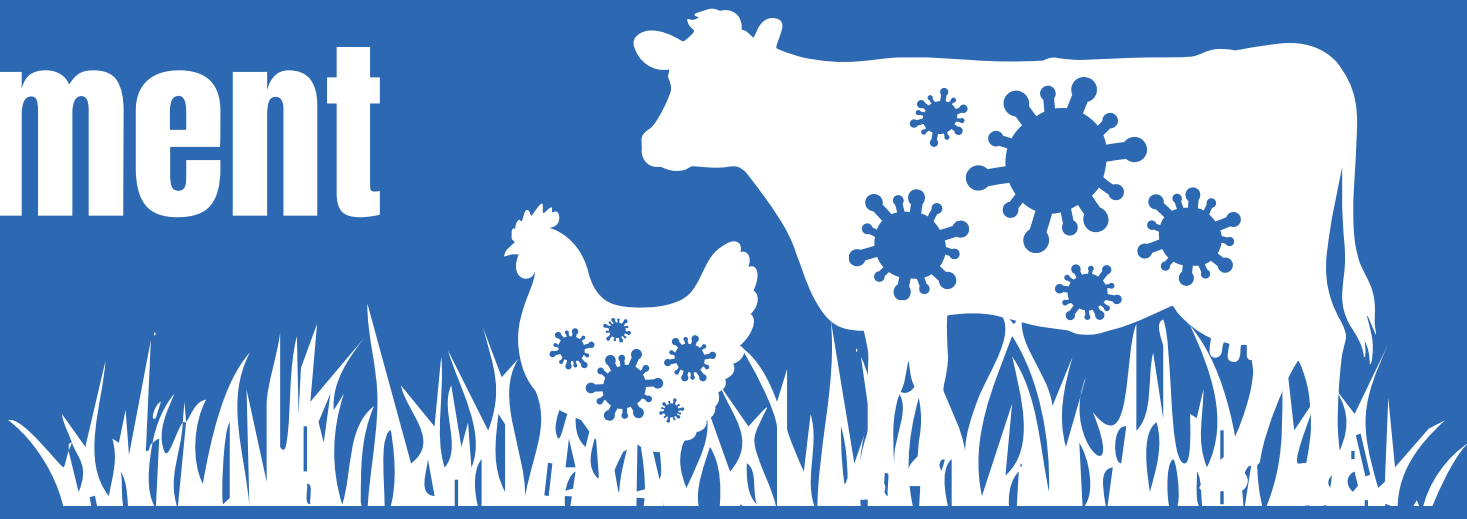


Putting on Personal Protective Equipment (PPE) for Avian Influenza Response



PROTECT YOURSELF FROM BIRD FLU (AVIAN INFLUENZA) BY FOLLOWING THESE STEPS:

1 Respirator Fit Testing

Before responding to an outbreak: Workers must be fit-tested for an approved N95 (or higher-level) respirator and trained to put on, seal check, and remove respirator.



2 Clothing

Remove jewelry and watches. Wear cloth coveralls over street clothes or bring a change of clothes for after work.



3 Footwear

Protect your feet. Wear waterproof rubber boots. If unavailable, wear sturdy work boots.



4 Disposable coveralls

Protect you clothing. Wear disposable coveralls 1-2 sizes larger than normal to allow for easy movement while working.



5 Boot covers

Wear disposable boot covers over rubber boots. If wearing work boots, put on two boot covers (two layers).



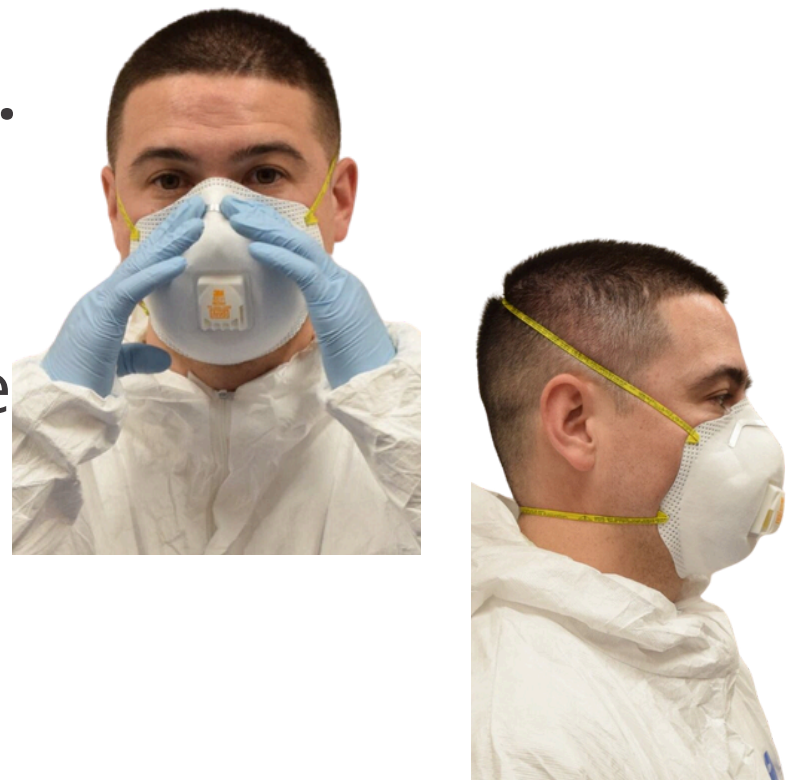
6 Inner gloves

Put on disposable gloves. Push thumbs through the coverall sleeves to cover wrists.



7 Mask/Respirator

Protect your nose and mouth. Use an approved N95 or higher respirator. Inspect it for damage, place it over your nose and mouth, secure the straps, pinch the nosepiece, and perform a seal check.



8 Goggles & head covering

Protect your eyes and hair. Put on unvented or indirectly vented safety goggles. Cover your head and hair with a head cover or coverall hood, ensuring it covers the respirator straps.



9 Consider splash risk

Additional PPE is needed if workers are exposed to splashing liquids. Use a face shield or replace the N95 respirator with a PAPR or full-face elastomeric respirator. If no splash risk is identified in the hazard assessment, additional PPE is not needed.

10 Work gloves

Prevent disposable gloves from tearing. Wear outer work gloves. If work gloves are not available, wear another layer of disposable gloves



11 PPE complete

Your PPE is complete. To properly remove PPE, see "Taking off PPE for Avian Influenza Response."



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Taking off Personal Protective Equipment (PPE) for Avian Influenza Response



PROTECT YOURSELF FROM BIRD FLU (AVIAN INFLUENZA) BY FOLLOWING THESE STEPS:

1 Boot covers and outer gloves

Remove outer boot covers and throw them away. Leave outer gloves in work area. Leave inner gloves on.



2 Clean boots

Use a disposable tub and brush to clean footwear with a disinfectant.



3 Inner gloves

Do not remove inner gloves before leaving the work area. Disinfect inner gloves with hand sanitizer or cleaning spray before exiting the work area.



4 Exit Contaminated Area

Exit the area with sick or dead animals. Enter Transition Area where you will take off remaining equipment.

5 Disposable coveralls

Take off disposable coveralls by handling only the outside. Carefully unzip coveralls. Pinch top of the hood to remove from your head. Throw disposable coveralls away.



6 Head cover and inner boot covers

Remove your hair or head cover and inner boot covers if you are wearing them. Throw away.



7 Inner gloves

Disinfect inner gloves with hand sanitizer or cleaning spray again.



8 Goggles and Face Shield

If wearing a face shield, remove it first. Remove and clean your goggles by touching only the outside and avoiding contact with your eyes or skin.



9 Inner gloves

Disinfect inner gloves with hand sanitizer or cleaning spray again.



10 Clean boots a second time

Disinfect rubber boots, work boots, or street shoes in a second disposable tub with a brush and disinfectant.



11 Inner gloves

Take off inner gloves by turning them inside out before removing respirator. Do not touch the outside of the gloves. Throw them away.



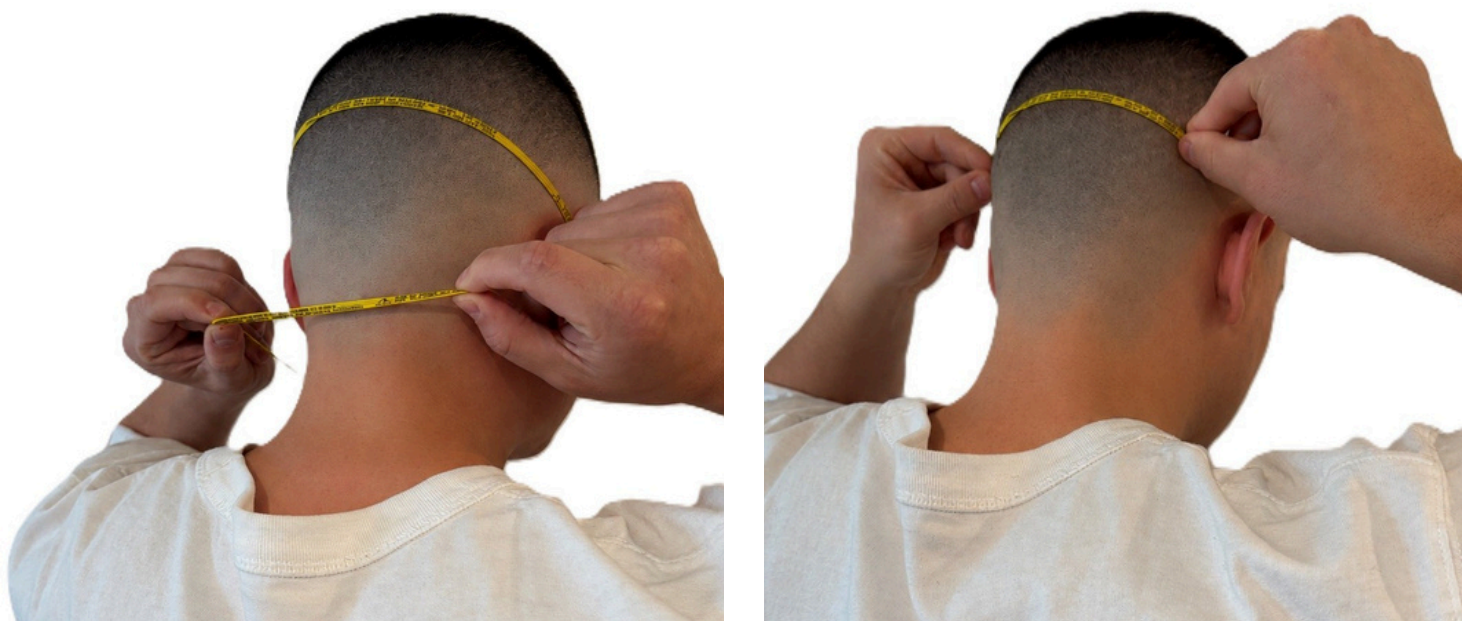
12 Wash hands

Wash your hands thoroughly with soap and water.



13 Respirator

Avoid touching outside of respirator. Remove bottom strap first by pulling it over your head, then remove top strap. Throw mask away without touching the outside.



14 Wash hands

Wash your hands thoroughly with soap and water.



15 Exit Transition Area

16 Change clothes

Change into clean clothes and footwear. Wash work clothes separately. If it is not possible to wash your clothes immediately, place them in a plastic bag and wash as soon as possible.



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