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# COMPRESSIVE NEUROPATHIES

## Occupational Diseases Online Course Series

### Course Description

The goal of this activity is to train regional primary healthcare providers on carpal tunnel syndrome (CTS) and other compressive neuropathies, including occupational and non-occupational risk factors. The course will cover best practices for the diagnosis, treatment and clinical management of CTS, and it will introduce prevention strategies using the industrial hygiene hierarchy of controls.

In this self-paced online course, practitioners work through clinical cases and public health scenarios, describing both patient and workplace management of compressive neuropathies.

### ACCREDITATION

Continuing education for the activity has been approved. The Centers for Disease Control and Prevention designates this live activity for a maximum of 1.75 AMA PRA Category 1 Credits™. Please see [osha.washington.edu](http://osha.washington.edu) for complete information on types of CE available.



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INTERPROFESSIONAL CONTINUING EDUCATION

### REGISTRATION

To register for this complimentary course, visit [osha.washington.edu](http://osha.washington.edu) or contact **206-685-3089**

### INFORMATION

Occupational Safety and Health  
Continuing Education Programs

Phone: 206-685-3089  
E-mail: [ce@uw.edu](mailto:ce@uw.edu)  
Website: [osha.washington.edu](http://osha.washington.edu)



## What Will You Learn?

*Upon completion of this course, you will be able to:*

- Discuss the difference in prevalence of CTS in general and working populations.
- Name four examples of occupational and non-occupational risk factors for CTS.
- Describe at least two pathological changes that can lead to increased carpal tunnel pressure.
- Describe two ways in which nerve conduction studies can be used to make a diagnosis of neuropathy.
- Identify three key strategies in a team approach to successfully return the CTS patient back to work.

## Course Faculty & Speakers



**June Spector, MD, MPH,**  
Associate Professor,  
Departments of Environmental  
& Occupational Health Sciences,  
and Medicine, University of  
Washington



**Esi W. Nkyekyer, MD, MPH,**  
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**Nancy Simcox, MS,**  
Lecturer and Director of  
Continuing Education  
Programs, Department of  
Environmental & Occupational  
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## Who Should Take This Course?

This course was designed for health care providers, including physicians, nurses, nurse practitioners, physician assistants; public health professionals; case managers.

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## Full Accreditation and Disclosure Statement

**CME activities with Joint Providers:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Centers for Disease Control and Prevention and The Northwest Center for Occupational Health and Sciences, University of Washington Department of Environmental and Occupational Health Sciences. The Centers for Disease Control and Prevention is accredited by the (ACCME®) to provide medical education for physicians.

The Centers for Disease Control and Prevention designates this enduring material for a maximum of **1.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity

**CNE:** The Centers for Disease Control and Prevention is accredited as a provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity provides **1.75 contact hours**.

**CEU:** The Centers for Disease Control and Prevention is authorized by IACET to offer **0.2 CEU's** for this program.

**DISCLOSURE:** In compliance with continuing education requirements, all presenters must disclose any financial or other associations with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters as well as any use of unlabeled product(s) or product(s) under investigational use.

CDC, our planners, our content experts and their spouses/partners wish to disclose they have no financial interests or other relationships with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters with the exception of Dr. Mary M. McDaniel, Au.D., and she wishes to disclose that she is the Founder and CEO of Pacific Hearing Conservation, Inc. The planning committee reviewed content to ensure there is no bias.

Content will not include any discussion of the unlabeled use of a product or a product under investigational use.

The Centers for Disease Control and Prevention and The Northwest Center for Occupational Health and Sciences, University of Washington Department of Environmental and Occupational Health Sciences are jointly providing the CNE for this activity.

CDC did not accept commercial support for this continuing education activity.

