

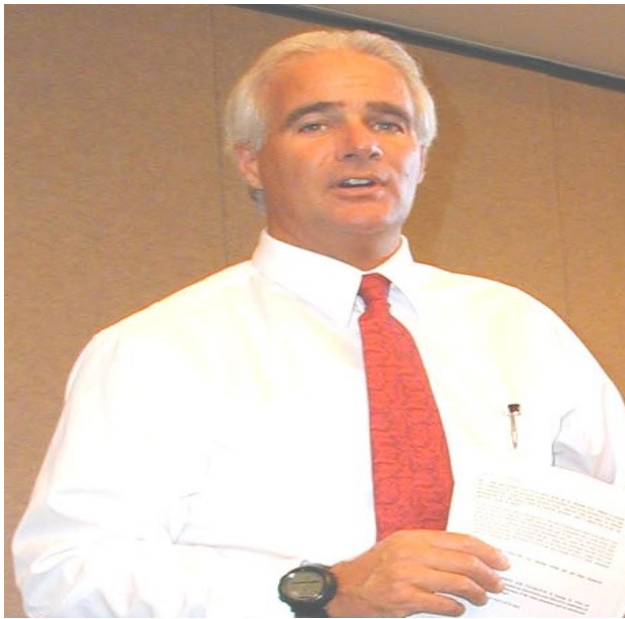


TRANSITIONING TO SAFER CHEMICALS



W ENVIRONMENTAL & OCCUPATIONAL HEALTH SCIENCES
UNIVERSITY of WASHINGTON | SCHOOL OF PUBLIC HEALTH





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Introduction

Course Purpose

Provide participants with a proactive approach to reduce use of hazardous chemicals in the workplace by furnishing information about, and hands-on experience with, the process for transitioning to safer chemicals.

Introduction

Course Objective

Guide participants through OSHA's 7-Step substitution planning process for evaluating current chemical use, identifying and assessing alternatives, and implementing those alternatives which are safer choices.

Target Audience:

- ① **Business Owners**
- ② **Supply Chain Managers**
- ③ **Purchasing Staff**
- ④ **Maintenance Supervisors**
- ⑤ **Facility Managers**
- ⑥ **Workers who utilize hazardous chemicals at their worksites**
- ⑦ **Occupational Safety and Health professionals**
- ⑧ **Pollution Prevention Specialists**
- ⑨ **Health Professionals**

Course Attendance Benefits:

- ① Collaboration with other participants.
- ② Learning a systems approach for chemical use.
- ③ Learning how to build a Safer Alternatives Team.
- ④ Learning about the chemical use assessment process.
- ⑤ Learning about new assessment tools available.

Course Materials



Course Description



Course Matrix



Course Virtual Lesson Plan



USB Drive



Transitioning to Safer Chemicals Manual

Day 1 of 2 Thursday, August 20, 2020	
Contact Hours	
9:00 – 9:15	Introductions Course Purpose and Objective Course Learning Objectives
9:15 – 10:30	Lesson 1 Build a Team and Create a Plan (Step 1)
10:30 – 10:45	Break
10:45 – 11:45	Lesson 2 Examine Current Chemical Use (Step 2)
11:45 – 12:00	Break
12:00 – 1:30	Lesson 3 Identify Alternatives (Step 3)
Day 2 of 2 Friday, August 21, 2020	
Contact Hours	
9:00– 10:30	Lesson 4 Assess and Compare Alternatives (Step 4)
10:30 – 10:45	Break
10:45 – 11:45	Lesson 5 Select Safer Alternatives (Step 5)
11:45 – 12:00	Break
12:00 – 1:15	Lesson 6 (Step 6 & 7) Implement Alternatives and Evaluate
1:15 - 1:30	Summary and Review Course Evaluation

BREAK OUT GROUP

TEAM MEMBER GUIDELINES

Guidelines for Teamwork Designate:

- **Team Leader**
 - Supervises Team Discussions
- **Recorder**
 - Records the Team's Ideas
- **Reporter**
 - Briefs the Whole Class
- **Timer**
 - Ensures Team w/in Time Limits

Exercise Objectives

Review Learning Objectives

Discuss Individual Responses to the Questions

Identify Key Issues for Large Group Discussion

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graph TD; 1((1 Engage)) --- 2((2 Inventory & Prioritize)); 2 --- 3((3 Identify)); 3 --- 4((4 Assess & Compare)); 4 --- 5((5 Select)); 5 --- 6((6 Test)); 6 --- 7((7 Evaluate)); 7 --- 1;
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**Steps for
Transitioning to
Safer Chemicals**

Engage

**Inventory &
Prioritize**

Identify

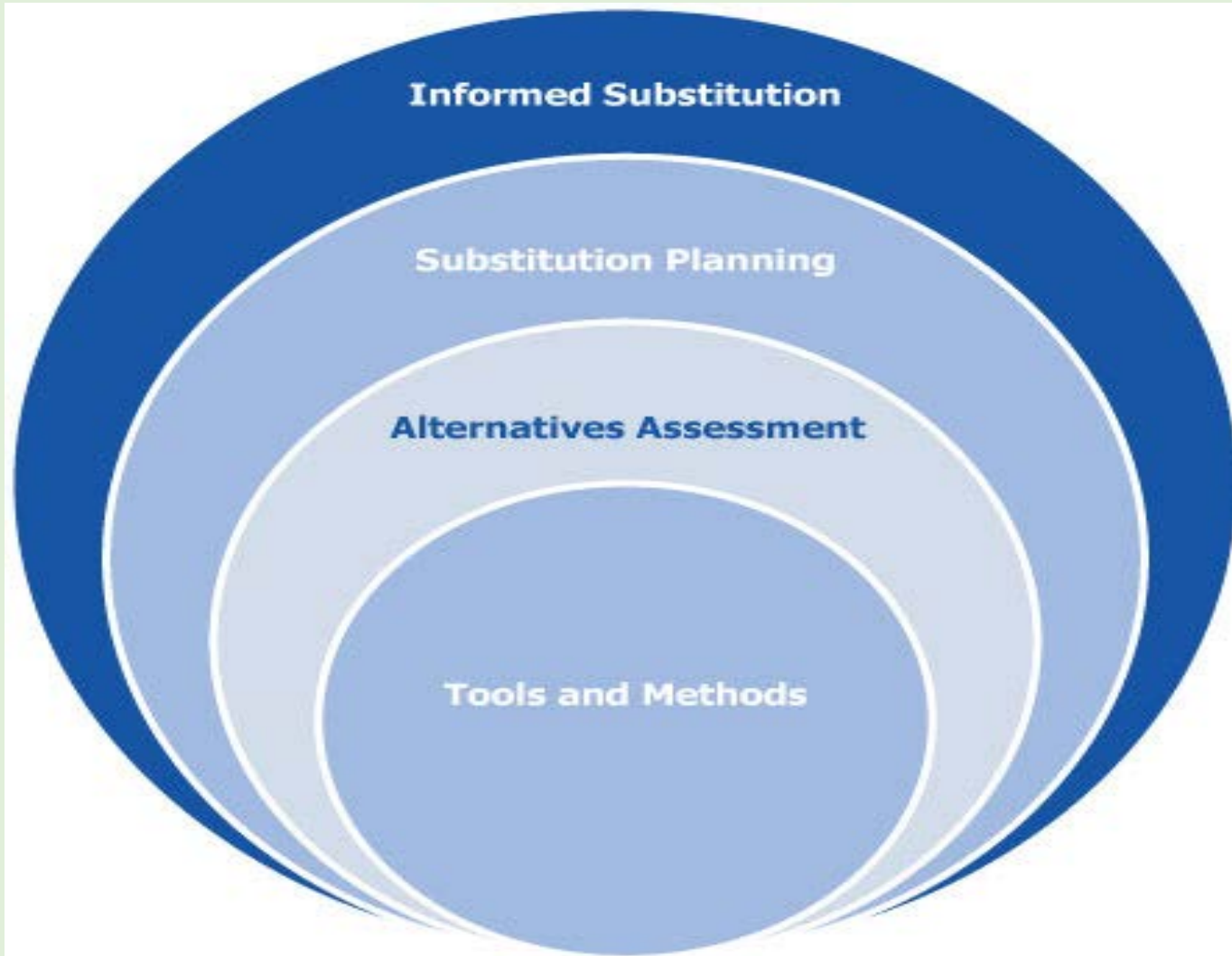
**Assess &
Compare**

Select

Test

Evaluate

Basics of Informed Substitution and Alternatives Assessment



Key Definitions

Informed Substitution, replacing hazardous substances with safer alternatives, is the goal of a solutions-oriented approach to chemical management. It involves identifying alternatives and evaluating their health and safety hazards, potential trade-offs, and technical and economic feasibility.

Substitution Planning is a process to systematically set goals and priorities to reduce hazards, develop a chemical use inventory, evaluate alternatives, identify preferred alternatives, and implement alternatives.

An **Alternatives Assessment** is a process for identifying, comparing, and selecting safer alternatives for hazardous chemicals on the basis of their hazards, performance, and economic viability. An alternatives assessment is a key component of a substitution planning process and is used in the evaluation and comparison of alternatives.

A **Safer Alternative** is an option that is less hazardous for workers than the existing means of meeting that need.



Safer Chemicals in the Workplace: A Priority for Workers

- Serious, well-documented worker health issues associated with chemical exposures.
- Increasing numbers and volumes of chemicals in workplace.
- Inadequate regulatory protection of workers from hazardous chemicals.
- Regulated hazardous chemicals sometimes replaced by even more dangerous unregulated alternatives.

Learning Objectives

At the end of the training, participants will be able to:

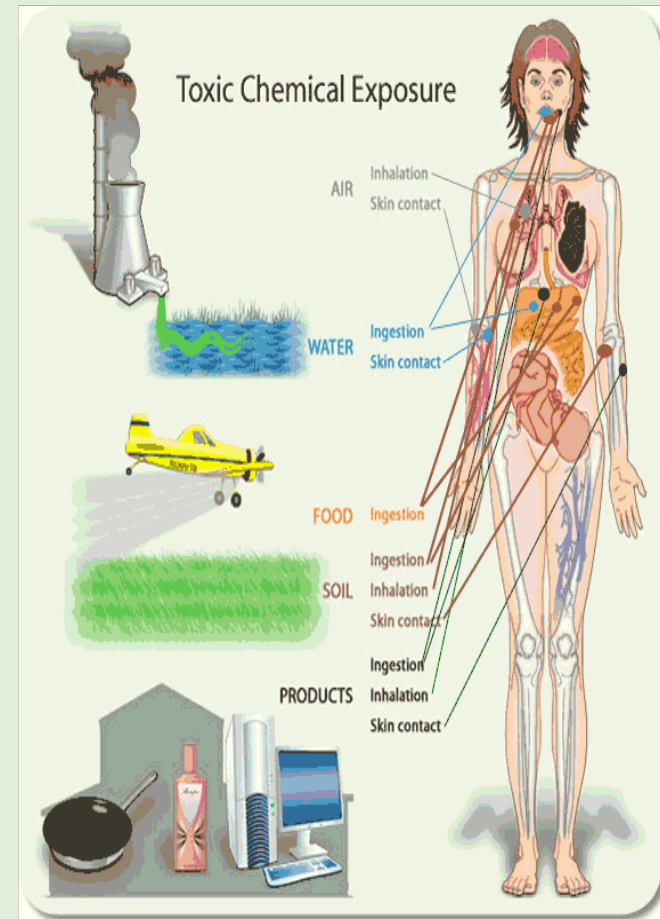
- **Develop a Plan of Action** for transitioning to safer alternatives.
- **Examine** current chemical use.
- **Identify** a process for finding alternatives to hazardous chemicals/processes.
- **Understand** how to compare potential alternatives and identify safer alternative.
- **Develop** a strategy for implementing a safer alternative.



Potential Health Risks from Hazardous Chemical Exposures

Serious illnesses and early mortality from occupational exposure to many hazardous chemicals is well documented:

- From a long list of workplace chemicals such as **methylene chloride, lead, asbestos, 1-bromopropane, ammonium bifluoride, formaldehyde, hydrofluoric acid**, and others.
- Also **pesticides** in agricultural workplaces.
- Leading to a **wide variety of illnesses** from **skin inflammations, cardiovascular and neurologic disorders** or **cancer**.



Hazardous Chemicals Used Routinely in Workplace



Removing paint & coatings with methylene chloride-based stripper



Cleaning with anti-microbial products



Dry cleaning with 1-bromopropane



Using hair smoothing products containing formaldehyde

Limitations of OSHA PELs

- Most **PELs** for hazardous chemicals **out of date**, based on pre-1970s science.
- System for adopting new PELs broken – only 30 new or revised PELs since 1971, and just a few since 2000.
- **PELs** established for only ~470 of the tens of thousands of chemicals used in the workplace.



*Dr. David Michaels, former
Assistant Secretary of Labor, OSHA*

Regrettable Substitutions

- **Uninformed use of substitutes** replace a regulated hazardous chemical with an unregulated chemical, about which little may be known, that turns out to have similar or worse health consequences.
- **Think first** before leaping to a new chemical alternative.
- **Learn/investigate** enough to make sure you won't regret your choice.



Regrettable Substitution

The New York Times U.S. Search All NYTimes.com

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As OSHA Emphasizes Safety, Long-Term Health Risks Fester



March 30, 2013

[Link to Video](#)

Spray Adhesive

1,1,1-trichloroethane (TCA) (methyl chloroform)

- damaged ozone layer
- Neurotoxicant

Methylene Chloride

- Safe for ozone
- Carcinogen/Neurotoxicant

n- Propyl bromide (no PEL)

- Safe for ozone
- Carcinogen/Neurotoxicant
- 2013 TLV 10 to 0.1ppm

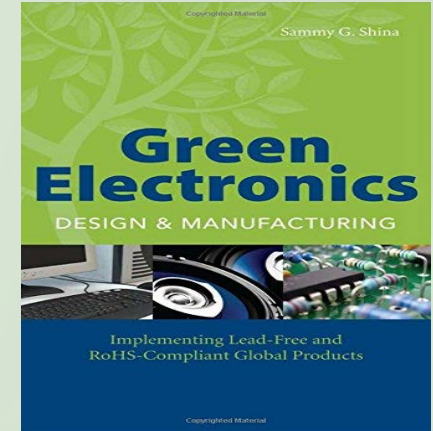
What is a “Safer Alternative”?

- A different, **less hazardous chemical** that achieves the same, or better, results.
- An **alternative material, product or process** that eliminates the need for using hazardous chemical.
- **Re-design or reformulation** of a product that eliminates need for a process or material requiring hazardous chemical.
- Generally, no nirvana. **‘Safer’** an improvement over current chemical. New technologies, new knowledge lead to innovative still ‘safer’ alternatives.



Case Study: History of Lead & Innovation

- Unleaded gasoline
- Lead-free solder
- Lead-free paint
- Lead-free cosmetics
- Lead-free electronic components and systems
- Lead-free plumbing products (valves, fittings, etc)
- Lead-free toys



Obstacles to Adoption of Safer Alternatives

- Lack of awareness of health impacts.
- Efficiency of currently used processes and materials.
- Cost of alternative materials or new equipment.
- Inadequate/uncertain availability of alternatives.
- Familiarity from years of experience with current materials and processes.
- Weak regulations.

Safer Alternatives Process

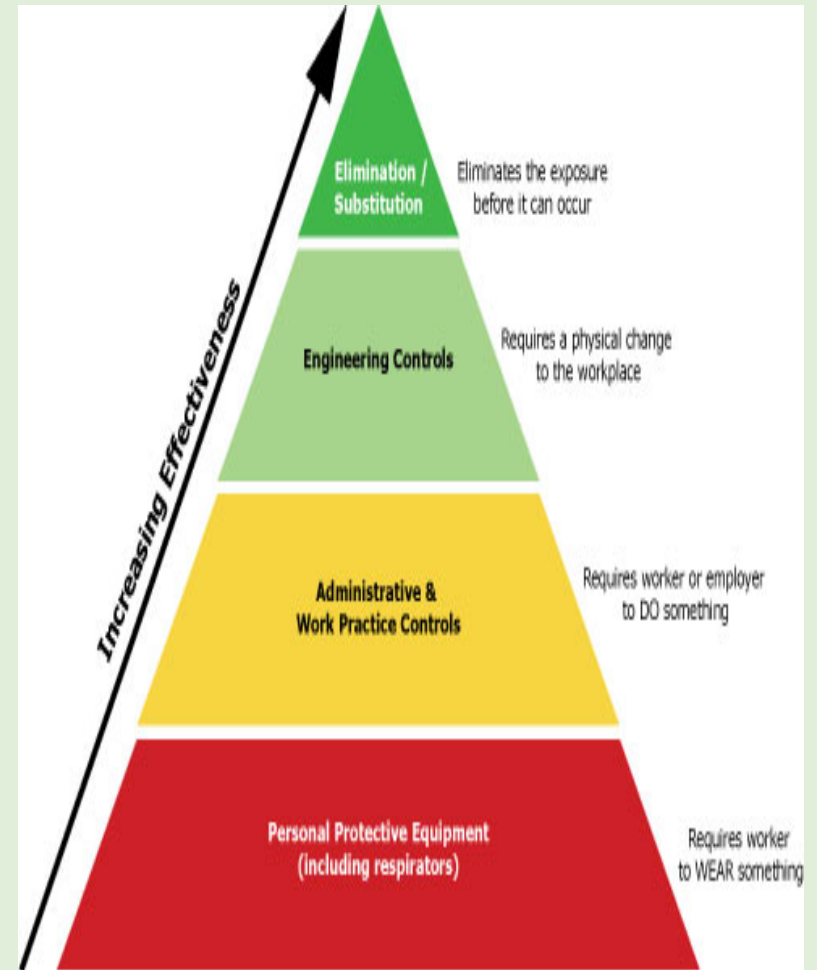


- OSHA'S 7 Step Process to eliminate or reduce hazardous chemicals.
- Applicable in any type of workplace or with any process.

https://www.osha.gov/dsg/safer_chemicals/index.html

Chemical Management Strategies

- **Elimination** and **Substitution** are the best solutions for reducing workplace health impacts.
- The bulk of the pyramid reflects the reality that **most facilities manage exposure rather than implementing safer alternatives.**



Next Steps

- Build a team and create a plan.
- Examine current chemical use.
- Identify alternatives.
- Assess and compare alternatives.
- Select safer alternatives.
- Implement alternatives.