

# *Total Worker Health*®: Advancing Well-Being in the Workplace

*Total Worker Health*® (TWH) is a comprehensive approach that ensures that policies, programs, and practices are well-integrated in an organization to protect workers from different work-related safety and health hazards and promote worker well-being. This class focuses on bringing the professional skills necessary to communicate and fully understand the fundamentals of TWH, which are rooted in safety science, health promotion, occupational health psychology, and human and organizational performance management. This class is one of the key required courses for individuals enrolling in the TWH Certificate Program, a joint program designed by the Oregon Healthy Workforce Center - a National Institute for Occupational Safety and Health TWH Center of Excellence, and the University of Washington Occupational Safety and Health Continuing Education Programs.

### **INTENDED AUDIENCE**

Occupational health and safety professionals and any other professionals intersecting with workers' health, safety and well-being, such as healthcare providers, human resources, risk management, wellness, and disability management specialists. No prior knowledge of TWH is required, but enrolled students should be familiar with the field of occupational health and safety.

## **CLASS FORMAT**

This 26-hour class involves completing 10 hours of virtual instructor-led class time and 16 hours of selfpaced e-learning over a period of 6 weeks.

## **REGISTRATION & INFORMATION**

This class is offered twice a year: in the Spring and the Fall.

#### \$795

To register, go to **oshce.uw.edu** Class completion earns 26 contact hours/2.6 CEU credit from Northwest Center for Occupational Health and Safety at the University of Washington.



*This class is offered by the University of Washington in close collaboration with: the Oregon Healthy Workforce Center (OHSU), and the Occupational Health Psychology TWH Program of the Portland State University.* 

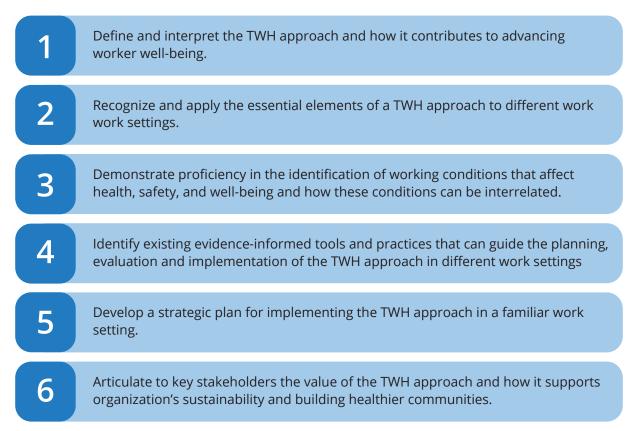
## **PLANNING COMMITTEE**

Katia M. Costa-Black, PhD, Oregon Institute of Occupational Health Sciences, Oregon Healthy Workforce Center, Oregon Health & Science University
Leslie Hammer, PhD, Oregon Institute of Occupational Health Sciences, Oregon Healthy Workforce Center, Oregon Health & Science University
Dede Montgomery, MS, CIH, Legacy Health
Grace Lasker, PhD, University of Washington DEOHS & UW Bothell

Nancy Simcox, MS, University of Washington DEOHS

## LEARNING COMPETENCIES

Upon completion of this class, students are expected to gain the following competencies:



## CONTACT US

Phone: 1-800-326-7568 E-mail: ce@uw.edu Web: oshce.uw.edu

To request disability accommodation, contact the Disability Services Office at least 10 days in advance at: 206-543-6450 (voice); 206-543-6452 (TDY); 206-685-7264 (FAX); or dso@u.washington.edu (e-mail)







